

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

Shepherd Of the Valley-Howland Assisted Living Activity Calendar

10:00 Coffee & Current Events
11:00 Can You Picture This
2:00 Wine & Cheese
3:00 Bingo


10:00 Let's Get Moving 2
Most Activities on 2nd FL
**unless otherwise stated*

Diwali (Hindu)

2:00 Time to Chat (Independent Activity) 3
FALL BACK
change your clocks



11:00 Bible Study 4
2:00 Exercise
2:30 Program Planning
3:00 Hardware Shopping Game



10:30 Choir Practice 5
11:00 Church-All Saints' Day ©
2:00 Guess the TV Title
3:00 Bingo W / Friends©

Happy Birthday James Holmstrom

10:00 Rock & Roll Who Am I 6
11:00 Exercise
2:00 VR Goggles-Veteran Stories
2:30 – 4:30 Nail Care

10:00 Balance Class 7
11:00 Basketball Game
2:00 Veteran Recognition Event ©
3:00 Craft


10:00 Current Events 8
11:00 Rock & Roll Game
2:00 Thankful Connections
3:00 Bingo

Happy Birthday Dorothy Kost

10:00 Let's Get Moving 9

2:00 Time to Chat (Independent Activity-Join others that would like to mingle in the common sitting area by tv on your floor) 10

11:00 Bible Study 11
2:00 Exercise
3:00 Veteran Trivia



10:30 Choir Practice 12
11:00 Church ©
2:00 Name the Rock Singer
3:00 Bingo

10:00 Kickball 13
11:00 Exercise
2:00 VR Goggles-Guess The Holiday
2:30 – 4:30 Nail Care

10:00 Balance Class 14
11:00 Blessed Sacrament Communion Service ©
2:00 Bingo
3:00 Enjoy Brownies

10:00 Current Events 15
11:00 Outing – Olive Garden
2:00 Balloon Toss
3:00 Bingo

Happy Birthday Marlene Harford & Doris Pearce

10:00 Let's Get Moving 16

2:00 Time to Chat (Independent Activity-Join others that would like to mingle in the common sitting area by tv on your floor) 17

10:45 Coffee & Donuts 18
11:00 Resident Council
2:00 Exercise
3:00 Movie Day

10:30 Choir Practice 19
11:00 Church ©
2:00 Just Plane Fun
3:00 Bingo

10:00 Thanksgiving Bingo 20
11:00 Exercise
2:00 VR Goggles-Conversations About Family
2:30 – 4:30 Nail Care

10:00 Balance Class 21
11:00 Turkey Trivia
1:30 Catholic Mass ©
2:00 Bingo
3:00 Craft

10:00 Coffee & Current Events 22
11:00
2:00 Caroling & Cocoa w/Red Letter Journey Band
3:00 Bingo

10:00 Let's Get Moving 23

2:00 Time to Chat (Independent Activity-Join others that would like to mingle in the common sitting area by tv on your floor) 24

11:00 Bible Study 25
2:00 Exercise
3:00 Bring In The Color

10:30 Choir Practice 26
11:00 Church ©
2:00 Turkey Toss Game
3:00 Bingo

Happy Birthday Irene Spainhower

10:00 Cover The Turkey Feathers 27
11:00 Exercise
2:00 VR Goggles- Spirit of Plymouth / Symbols of Indigenous People & Indigenous Women
2:30 – 4:30 Nail Care

Happy Thanksgiving



12:00 Thanksgiving Luncheon

Thanksgiving Day

10:00 Coffee & Current Events 29
11:00 Find the Peanut Game
2:00 Family Feud Game
3:00 Bingo

10:00 Let's Get Moving 30

Happy Birthday Betty Parker

We practice person care philosophy – programs are planned by the Residents with assistance from staff as needed All activities subject to change & are located on the 2nd floor