

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

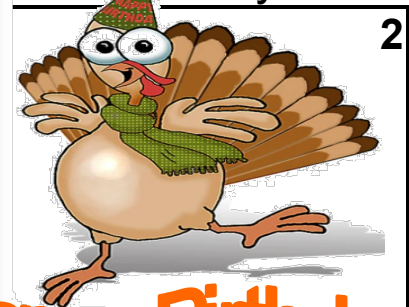
Saturday

NOVEMBER 2024

Shepherd of the Valley- Howland Independent Activity Calendar



11:00 Outing to Applebee's (RSVP)



Happy Birthday

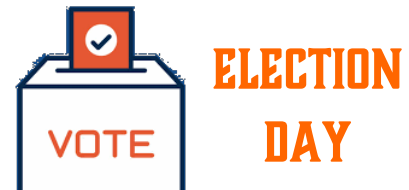
Diwali (Hindu)

FALL BACK
change your clocks



3 11:00 Bible Study
11:00 Yoga ©
Relaxing stretches while sitting in a chair
1:00 Dominoes (MDR)
2:00 Men's Club (PDR)

4 9:30 Grocery Shopping (RSVP)
11:00 All Saints' Service ©
6-8 BINGO- MDR



5 11:30 Blood Pressure (PDR)
12:00 Birthday Party Luncheon (RSVP) & Resident Association
Ticket Holders: Warren Civic Music
TAKE3
Where Rock Meets Bach (RSVP Carol 330-469-6381)

6 10:00-11:30 Bible Study 7 Series: Luke Gut-Level Compassion ©
10:00 Balance Class (2nd FL)
1:00 Cards (MDR)
2:00 Veteran Event

- 3 JANICE KUSZMAUL
- 5 BARBARA CAVALIER
- 5 JOYCE ROWLANDS
- 5 BONNIE NAGY
- 6 PATRICIA SHEHABI
- 9 ADEENA CRAIN
- 9 VIRGINIA HATCH
- 9 ELIZABETH BERTEA
- 10 LINDA MURRAY
- 12 MARY TAYLOR
- 15 JANE NASH
- 20 ROBERT SWEET
- 20 ROGER GRAFTON
- 21 MABEL SUZELLIS
- 30 HARLENE HUFFSTELLAR



10 11:00 Bible Study
11:00 Yoga ©
1:00 Dominoes (MDR)

Veterans Only: You're invited to FREE Lunch or Supper today (wives included)

Veterans Day Remembrance Day (Canada)

11 9:30 Grocery Shopping (RSVP)
11:00 Church ©
6-8 BINGO- MDR

12 2:00 Program Planning (PDR)

13 10:00 Balance Class ©
11:00 Blessed Sacrament ©
1:00 Cards (MDR)

15

17 11:00 Yoga ©
Relaxing stretches while sitting in a chair
1:00 Dominoes (MDR)

18 9:30 Grocery Shopping (RSVP)
11:00 Church ©
6-8 BINGO- MDR

20 10:00 Balance Class ©
1:30 Catholic Mass ©
1:00 Cards (MDR)
4:00 Wine Social (RSVP)

21 11:00 Outing to Leo's (RSVP)
2:00 Christmas N' November ©
Caroling & Cocoa w/ Red Letter Journey Band



22 23

24 **Goings On Around Town**

Musical: Working 9-5
3:00 Matinee @ Trumbull New Theatre \$20.00

25 11:00 Bible Study
11:00 Yoga ©
Relaxing stretches while sitting in a chair
1:00 Dominoes (MDR)

26 9:30 Grocery Shopping (RSVP)
11:00 Church ©
6-8 BINGO- MDR

27 28
HAPPY Thanksgiving
Thanksgiving Buffet 11:30-1:00 (RSVP) \$11
Thanksgiving Day

29 30
IN DECEMBER...
Help us adorn our tree with an ornament. We will Deck The Dining Room Tree for the Christmas tree at next mo.
Birthday Party



MDR- Main Dining Room

©-Chapel

PDR- Private Dining Room