

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER 2024

SHEPHERD OF THE VALLEY-LIBERTY INDEPENDENT LIVING



1:30 Strength Training 1
Class- WC
7:00 Yahtzee Night-
Movie Lounge

1:00 Bus outing to
YSU Planetarium
2:00 Bingo-WC

Happy Birthday
John Orlando



Set your clocks BACK one hour before going to bed tonight.

This Photo by Unknown

4
11:00 Standing Balance
Class- WC
2:00 Happy Hour- HHL
7:00 Bingo-WC

5
10:15 Catholic Communion-Movie Lounge
1:00 Grocery Trip to Giant Eagle
3:00 Drum Fit- WC
7:00 Uno Night-Movie Lounge

6
10:45 All Saints Day Service-CH
1:30 Bus leaves for Walmart

7
1:00 Wellness Checks
3:00 We Honor our Veterans Program- IL DR
7:00 Corn Hole-WC


Diwali (Hindu)
9:00-3:00
Annual Craft Show in IL DR

8
2:00 Bingo-WC

9

2:00 Bus leaves for 10 Packard Music Hall for Band Concert

11:00 Standing Balance
Class- WC
7:00 Bingo-WC



12
1:00 Grocery Trip to Marcs
3:00 Drum Fit- WC
7:00 Uno Night-Movie Lounge

13
10:45 Church Service-CH
11:30 Bus outing to Hollywood Casino

14
10:45 Bible Study-CH
1:00 Wellness Checks- WC
2:30 Music with Jim Frank Trio-CH
7:00 Corn Hole-WC

15
1:30 Strength Training
Class- WC
2:30 Happy Hour-HHL
7:00 Yahtzee Night-Movie Lounge

2:00 Bingo-WC

16

17

18
11:00 Standing Balance
Class- WC
2:00/2:30 Virtual Reality- Military Sites
7:00 Bingo-WC

19
1:00 Grocery Trip to Giant Eagle
3:00 Drum Fit- WC
7:00 Uno Night-Movie Lounge

20
10:45 Church Service-CH
2:00 Resident Association Meeting/Happy Hour-HHL

21
10:45 Bible Study with Pastor Chris- Movie Lounge
11:30 Bus leaves for Cracker Barrel
1:00 Wellness Checks
7:00 Corn Hole-WC
Happy Birthday Irene Manente

22
1:30 Strength Training
Class- WC
7:00 Yahtzee Night-Movie Lounge

2:00 Bingo-WC

23

24

25
11:00 Standing Balance
Class- WC
2:00 Happy Hour- HHL
7:00 Bingo-WC

26
1:00 Grocery Trip to Marcs
7:00 Uno Night-Movie Lounge

27
10:45 Church Service-CH
2:00 IN2L Brain Games- Wellness center



28

7:00 Yahtzee Night-
Movie Lounge

29

2:00 Bingo-WC

30