October 2026

Shepherd of the Valley Poland Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45 - Cover the Number 3:15 - Nail Care 5:30 - Bingo [FL3] 6:30 - Apple Cider Social	2 9:30 - Conversation Uno 10:30 - Crafty Corner Candy Corns 11:00 - Reminiscing 1:30 - Dice Games	3 10:15 - Lucky Dog 2:00 Bingo [FL3] Simchat Torah Begins
4 10:15 - Coloring w/ Cheyann	5 9:30 - Movin w/ Music 10:00 - Watercolor Painting 11:00 - 11:00 - Dollar Tree & Lunch at Chili's 3:00 - Name 3	6 10:00 - Matching Game Famous Couples 11:15 - Bible Study [FL3] 2:00- Donnie Abraham [CH]	7 9:45 - Chit Chat with Amanda & Cheyann 10:30 - Exercise Bingo [FL3] 11:00 - Mid-week Meditation 11:15 - Healthy Food Craft [FL3] 2:00 - Church Service [CH]	8 9:45 - Cover the Number 3:15 - Parachute Game 5:30 - Bingo [FL3] 6:30 - Drizzilicious Snack	9 9:30 - Games on Projector 10:30 - Trayscapes 2:00 - Scary Berry Smoothies [NMDR] 2:30 - Volley Balloon [NMDR]	10 10:15 - A-Z Game w/ Jim 2:00 Bingo [FL3]
11 10:15 - Find the Hidden Object	12 9:30 - Movin w/ Music 10:00 - Sorting 1:30 - Movie in Main Dining Room! Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 10:00 - Dem Bones 11:15 - Bible Study [FL3] 2:00- Quarter Bingo [FL3]	14 9:45 - Crafty Corner 2:00 - Church Service [CH] 2:30 Fellowship Social & Snack	15 9:45 - Flip & Roll 3:15 - Pok-en-o 5:30 - Bingo [FL3] 6:30 - Dirty Sodas	16 Pink Day- Wear Pink 9:30 - Sensory Fun 10:30 - Exercise [FL3] 11:00 - Craft w. Charlotte Spooky Ghosts [FL3] 2:00 - Pink Out Bingo [NMDR]	17 10:15 - What came First? 2:00 Bingo [FL3]
18 10:15 - Card Games	19 Travel to Ireland with us! 9:30 - Movin w/ Music 10:00 - Memory Match 2:00 - Armchair Travels MDR	20 10:00 - Cover the Number 11:15 - Bible Study [FL3] 2:00- K-9 Kruisers Dog Show [CH]	21 9:45 - Sing a long 2:00 - Church Service [CH] 2:30 Fellowship Social & Snack	22 9:45 - This or That? 3:15 - Scattegories 5:30 - Bingo [FL3] 6:30 - Halloween Cookies	23 9:30 - Sorting 10:30 - Name that Tune 11:00 - Candy Dice Game 2:00 - Resident Council [FL3]	24 10:15 - Tabletop Games 2:00 Bingo [FL3]
25 Halloween Spirit Week starts tomorrow! 10:15 - Target Toss	26 Wear your favorite fall or Halloween outfit! 9:30 - Movin w/ Music 10:00 - Dice Games 1:30 - Candy Corn Pitch	27 Witches & Wizards Day 10:00 - Decorate a Witches Hat 11:15 - Bible Study [FL3] 2:00- Halloween Prize Bingo [FL3] 5:30 - Family Craft Night Memory Boxes [MDR]	28 Wear Black & Orange Day 9:45 - Balloon Bash 2:00 - Church Service [CH]	29 Wear a themed headband 9:45 - Think Quick 1:30 - Movie on FL3; Hocus Pocus 5:30 - Quarter Bingo 6:30 Ice Cream Sandwiches	30 Dress Up Day! Wear a costume or put on your nicest outfit! 9:30 - Name 3 10:30 - Games on the Projector 11:00 - Reminiscing 2:00 - Halloween Bast MDR	31 10:15 - Bowling Color Matching Game 2:00 Bingo [FL3] Halloween

We Practice Person Centered Care Philosophy – Programs are planned by the residents with assistance from staff as needed. All activities are subject to change.